



## **Bike hire information sheet**

We are pleased to be able to help you explore the Adelaide hills on our mountain bikes!

### **Pick up!**

Pick up for all bikes is from "The Goat Shed", our Café and shop in Belair National Park, unless pre-arranged with us. Please take special notice of the address!

Our new shop is in the Old Belair National Park Country Club and Golf Course precinct, which is next to the Belair National Park Holiday Park. The driveway is just 50m south of the main driveway to Belair National Park. If you use google maps make sure you search for "Escapegoat Goat Shed bike hire and Café"- the address is 101 Upper Sturt Road BELAIR (do NOT go to UPPER STURT!).

By car from the city, you are most likely to come up Old Belair Road, follow signs to Belair National Park. We are 20mins drive from town.

If you come via train, catch the Belair/Blackwood line and get off at Belair (final Stop 20 mins on the train from the city) and it is a short 20min 1.5km walk down through the National Park, just walk along inside the park parallel to Upper Sturt Road.

Tip- if you open google maps on your computer or phone and search for Escapegoat Goat Shed then use the navigation tab then select 'transport by public transport' it will give you full instructions to get to us on the next train, including train times and walking directions. We recommend just using trains if you can as this is the simplest option, rather than catching multiple buses.

### **Where to ride?!**

There is loads of great riding near us- that's why we live here! The easiest places to find your way around are Belair National Park, Craighburn Farm, Sturt Gorge and the Mitcham trails. Currently the best option for a map of the whole area is to download the **TRAILFORKS** app onto your phone- you can do this on WIFI before you arrive if needed and not use mobile data- it is an excellent GPS map app that has most of the local trails all visible in one place, and also has our base marked too.


**Belair National Park:-** Belair has some great riding for all levels, and we hope to have more trails built in the near future. There is around 25km of trails, a mix of rough and smooth firetracks and service trails, with some nice technical sections of singletrack around the park to enjoy.

Directly from our shop is the 2.8km beginners Birdie Loop, which goes around the old golf course, and finishes with a nice beginner's flow trail. There is also nice beginner and intermediate riding within the park around the lake along the lodge track, moorowie track, you can follow the Microcarpa hike loop which is all OK to ride on.


If you are after more of a workout, you can also head out on the Adventure Loop, which is

a 15km loop with a long gradual climb to the top of the park, then some quite technical downhill sections-intermediate riders should expect to need to walk short sections. It's a mixed loop that takes 1 ½ to 2 hours to complete. You can also vary this by climbing up via the workanda track and wirra track and detour to the Upper Waterfalls. Please just be mindful to obey all 'No Riding' Signs. There are maps in various locations around the park and trails are generally signed well.

## Belair National Park

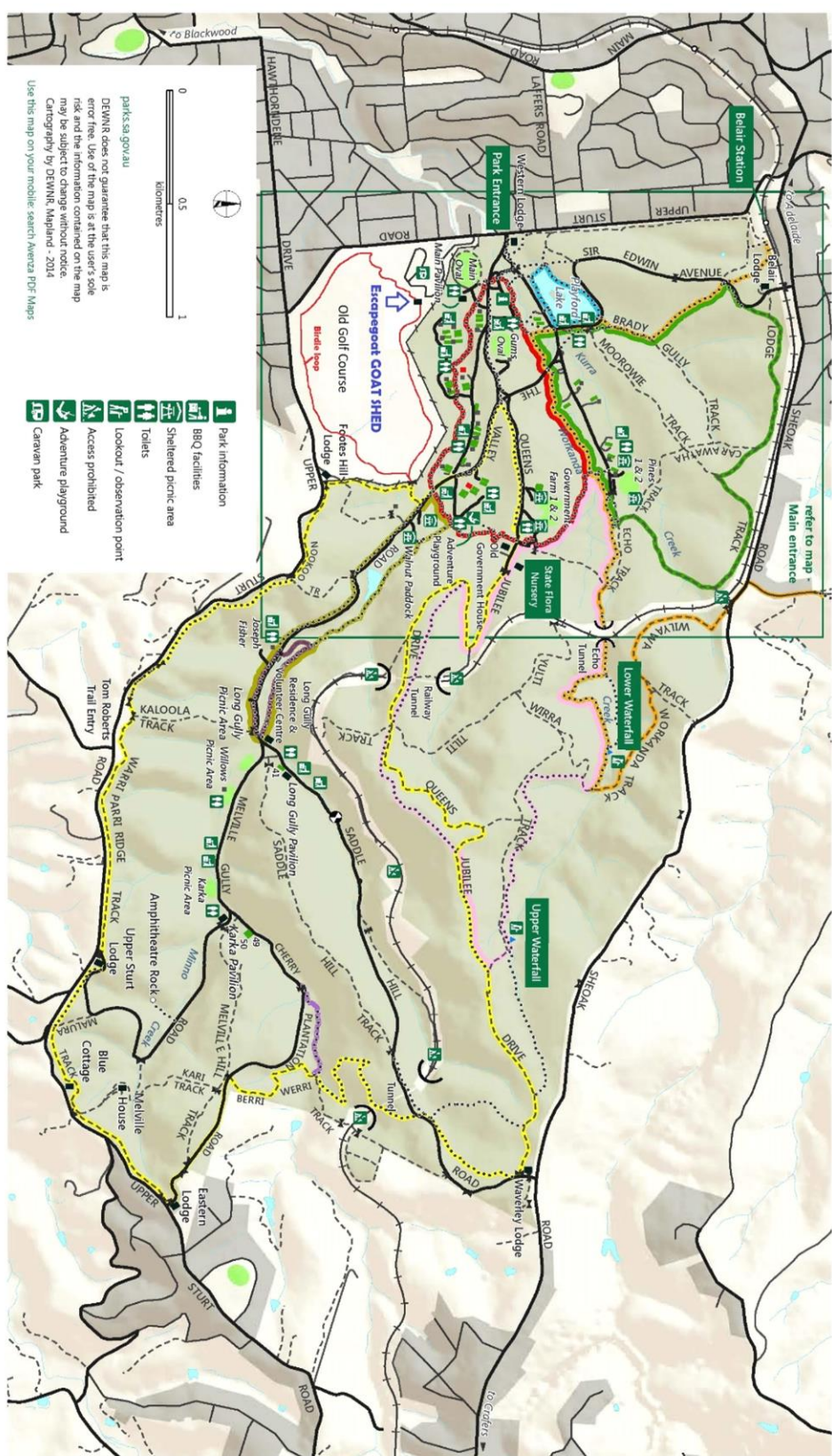


Government of  
South Australia



National Parks  
South Australia

parks.sa.gov.au  
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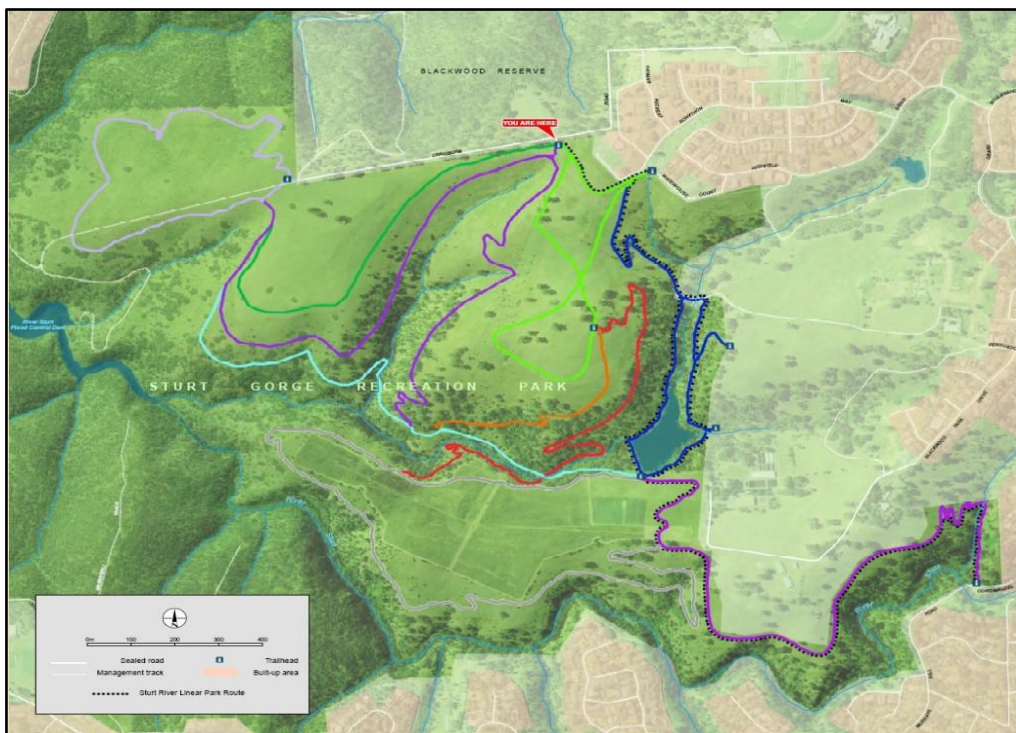
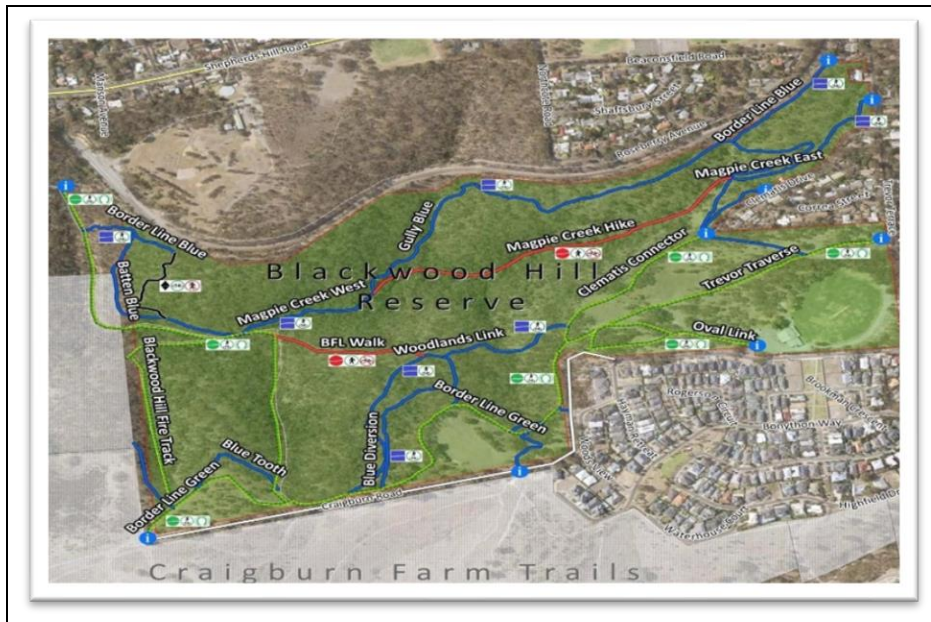
<ul style="list-style-type: none"> <li> Serrated road</li> <li> Unsealed road</li> <li> Track</li> <li> Walking trail</li> <li> Railway</li> <li> Fence</li> </ul>	<ul style="list-style-type: none"> <li> Building/shelter</li> <li> Gate - closed total fire ban days</li> <li> Tennis court/number, activity court/number</li> <li> Tunnel entrance, built-up area</li> <li> Pines - Belair National Park, hire facility</li> <li> Water - perennial, intermittent</li> </ul>
<ul style="list-style-type: none"> <li> Park information</li> <li> BBQ facilities</li> <li> Sheltered picnic area</li> <li> Toilets</li> <li> Lookout / observation point</li> <li> Access prohibited</li> <li> Adventure playground</li> <li> Caveau park</li> </ul>	<ul style="list-style-type: none"> <li> Adventure Loop Trail</li> <li> Heritage Tree Walk</li> <li> Lorikeet Loop Walk</li> <li> Microcapra Hike</li> <li> RSL WALK</li> <li> Valley Loop Hike</li> <li> Waterfall Hike</li> <li> Wood Duck Walk</li> <li> Yurebilla Trail</li> </ul>

**Natural Resources**  
 Adelaide and Mt Lofty Ranges  
 Natural Resources Centre Eastwood  
 T: 08 8273 9100  
[www.naturalresources.sa.gov.au](http://www.naturalresources.sa.gov.au)  
[adelaide@ofr.ranges](mailto:adelaide@ofr.ranges)

## **Craigburn Farm, Blackwood Hill and Sturt Gorge:-**

Craigburn is a great little trail centre, offering a mix of intermediate and advanced trails. There is about 18km of trails now, and it is all reasonably well sign-posted once you get there. For easier trails, stay up the top on 'Walk the dog' and 'surf and turf', then drop down 'little river' and ride back up past the lake. The steeper trails such as Craigrberms, Sticks and Stones and Cow Bones are the more challenging. It's a great little area.

Craigburn is a 20mins ride from the Goatshed base (5km). We suggest you use Google or trailforks to navigate, head along the bike track from the main Belair entrance to the APEX park in Hawthorndene, past Joan's Pantry, and through Blackwood. The main trailhead is just off Craigburn Road, in Craigburn Farm, adjacent to the Blackwood Footie Oval. The area is complicated by having 2 different land owners and maps, so we recommend using trailforks to see all trails once you are in the area.



Craigburn itself is great, but it is probably the new additional trails in Sturt Gorge itself that are most fun for a 'epic ride', and the circumnavigation of the Gorge is set to become a classic. The total ride is about 23km in length, almost entirely off-road, mostly on singletrack, and with about 10km of brand-new bench cut trails offering stunning views. The De Rose decent in particular is guaranteed to put a smile on your dial!

The Sturt Gorge loop is easiest to follow starting from Craigburn Farm, so follow previous directions to the Trailhead. Head off past the lake and down to Horner's Corner bridge. Turn left across the bridge and immediately you will pick up the Wattle Trail, which follows the Sturt River for a few kms along beautiful single-track with the occasional rocky techy section, some which may require a little bike carrying!

The Wattle Trail leaves the river and climbs steeply to then skirt through native bush for a few kms, before you get onto the newer purpose-built sections of the Lomandra and De Rose trails. Once you hit the bottom of the gorge, cross the river and head up the second half of the De Rose trail up more beautiful bench-cut trails with the odd rocky section thrown in, and a few tight switchbacks. At the top, after taking in more views of the gorge and the ocean, turn left and follow the Tapa Turrungka trail ('The path on the ridge' in the local Kurna language). This trail skirts the top of the northern side of the park, and has been a popular trail with riders for years, and has a natural feel. At the end of this trail, drop a few hundred meters down along Mountbatten Road, which drops you into a short section of Mitcham Council land. There are a few ways to navigate the short climb back up to the Craigburn Farm trails, with all trails recently mapped and sign-posted. Or you can head up Ashmore Road out onto Shepherds Hill road- turn right and ride up the road about 800m and you will see Willunga St on your left, roll down this back to our house.

See map on next page for more details.

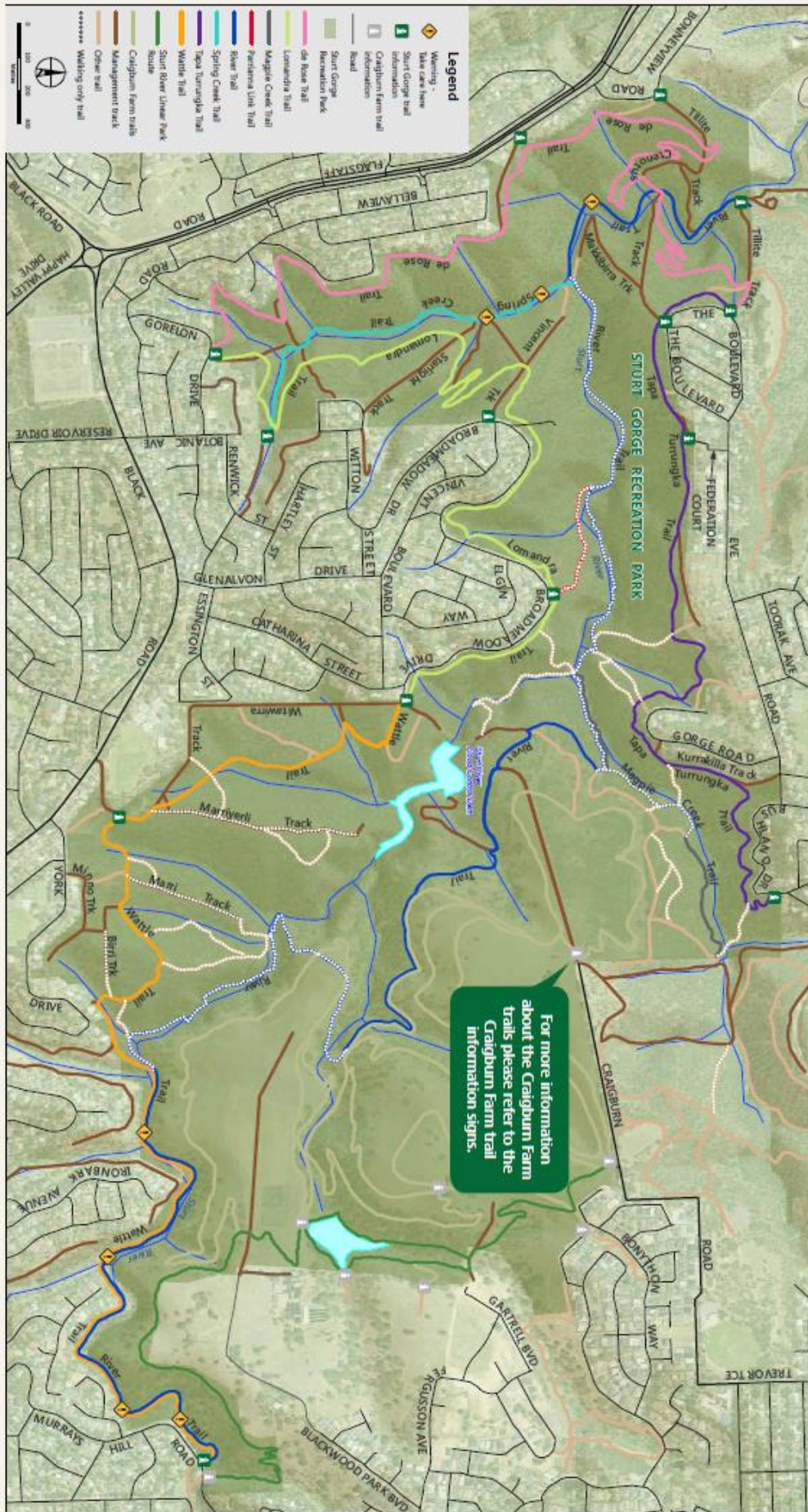
### **Mitcham trails**

Mitcham council has some awesome trails on their land, including a number of DH trails that can be shuttled via the train. Ando's is popular, and is just a 10min ride from the Goat Shed. There are also trails in and around Lynton, and that connect to Shepherds Hill Rec Park, which also has some great fun intermediate DH and XC trails. The trails all tend to follow the hill face below Blackwood and Belair. Best way to discover these trails is to make sure you have trailforks on your phone and go explore! The trails are all signed and mapped, however each small park has it's own signs, so it's not easy to see the whole area.

Alternatively, we are happy to guide you around this area, or see if you can follow a local!

Also, do be aware that Mitcham's trails are officially closed on Total Fire Ban days, whereas National Parks are normally still open. For full details of where you can ride during Fire Season, check out this info we put together attached below.

# Sturt Gorge trails





## Escapegoat's Easy Fire Season MTB Ride Guide.

Here is our easy guide to where you can ride during Fire Season in and around Adelaide. Fire Season is generally from 1 December until 30 April, but fire danger can occur outside of these dates, so it's always good to check before you ride!

There are 2 groups of land managers that have MTB trails on their land- those that close on Total Fire Ban days, and those that don't. Knowing which one you are riding on is critical.

### 1. First, check you know which group your intended ride location fits under:-

<b>GROUP 1 – CLOSED on TOTAL FIRE BAN DAYS</b>	<ol style="list-style-type: none"> <li>1. <u>Forestry SA land</u>, which includes Fox Creek, Kersbrook, Pewsey Vale (Mt Crawford Forest), Prospect Hill and Kangas (Kuitpo Forest)</li> <li>2. <u>Reservoirs SA land</u> including Warren Reservoir, Para Reservoir and Myponga Reservoir Reserves</li> <li>3. <u>Eagle MTB Park</u> managed by the Office for Rec and Sport</li> <li>4. <u>Mitcham Council Trails</u> - including Randell Park, Ando's, Lynton and Saddle Hill, O'Dea's, Ashby and Blackwood Park Reserves</li> </ol>
<b>GROUP 2 – OPEN on TOTAL FIRE BAN DAYS</b>	<ol style="list-style-type: none"> <li>1. <u>DEW parks inc National Parks</u> - This includes Belair NP, Cleland CP, Shepherds Hill RP, Craighburn Farm and Sturt Gorge RP, Onkaparinga Gorge, O'Halloran Hill, Cobbler Creek, Brownhill Creek, and Anstey Hill.</li> </ol>

### 2. Then check the CFS website at <https://www.cfs.sa.gov.au/bans-and-ratings/> to check the rating for the region of your ride (most likely the Lofty Ranges) and refer to this table to work out if you can ride there or not, and where IS open!:-

Fire Rating	GROUP 1 – CLOSED on TFB	Group 2 – OPEN on TFB
<b>Catastrophic</b> – Total Fire Ban	<b>CLOSED!</b>  Go to the beach!	<b>EVERYTHING CLOSED!</b>  (O'Halloran and Cobblers MAY be open IF Adelaide metro is in a lower rating than Lofty Ranges)
<b>Extreme</b> – Total Fire Ban	<b>CLOSED!</b>	<b>ALL OPEN –</b>  (DEW MAY close parks in extreme circumstances, check their site if concerned.)
<b>Severe</b> -Total Fire Ban	<b>CLOSED!</b>	<b>All OPEN!</b>
<b>Very High or less...</b> No Total Fire Ban	<b>Everything is Open!</b>	<b>Everything is Open!</b>

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