

escapegoat
adventures



Bike hire information sheet

We are pleased to be able to help you explore the Adelaide hills on our mountain bikes!

Pick up!

If you are needing to pick up bikes from our home office/shed, the address is 22 Willunga St, Eden Hills. You should be able to find us on Google maps, and we are easily accessible via public transport by train, just 20mins from the city. See map at the back of this sheet.

By car from the city you are most likely to come along South Road, and then up Shepherds Hill Road, towards Blackwood. Willunga St is just off Shepherds Hill Road, opposite a park and Caltex service station.

If you come via train, catch the Belair/Blackwood line and get off at Eden Hills (trains roughly every 30 mins during peak time/weekdays, less regularly off peak.) When you get off the train, walk off the platform in the direction of Belair (signed) and follow the footpath along the train track in the direction the train is going towards a bridge, walk up the steps and cross the road to head up Willunga St, which is directly in front of you across the T-junction. We are just 500m up the road. Make sure you are going UP the hill along Willunga St!

Tip- if you open google maps on your computer or phone and search for Escapegoat Adventures then use the navigation tab then select 'transport by public transport' it will give you full instructions to get to us on the next train, including train times and walking directions.

Where to ride?!

There is loads of great riding near us- that's why we live here! The easiest places to find your way around are Craighburn Farm, Belair National Park, and Shepherds Hill. For detailed descriptions of these and other places to ride, check out <http://adelaidentbtrails.com/> where we have put some info up. Currently the best option for a map of the whole area is to download the **TRAILFORKS** app onto your phone- you can do this on WIFI before you arrive if needed and not use mobile data- it is an excellent GPS map app that has most of the local trails all visible in one place, and also has our base marked too.

There is a map at the end of this sheet showing recommended routes from our base to get to Belair, Shepherds Hill and Craighburn/Sturt Gorge .

Craighburn Farm and Sturt Gorge:-

Craighburn is a great little trail centre, offering a mix of intermediate and advanced trails. There is about 18km of trails now, and it is all reasonably well sign-posted once you get there. For easier trails, stay up the top on 'Walk the dog' and 'surf and turf', then drop

down 'little river' and ride back up past the lake. The steeper trails such as Craigherms, Sticks and Stones and Cow Bones are the more challenging. It's a great little area.

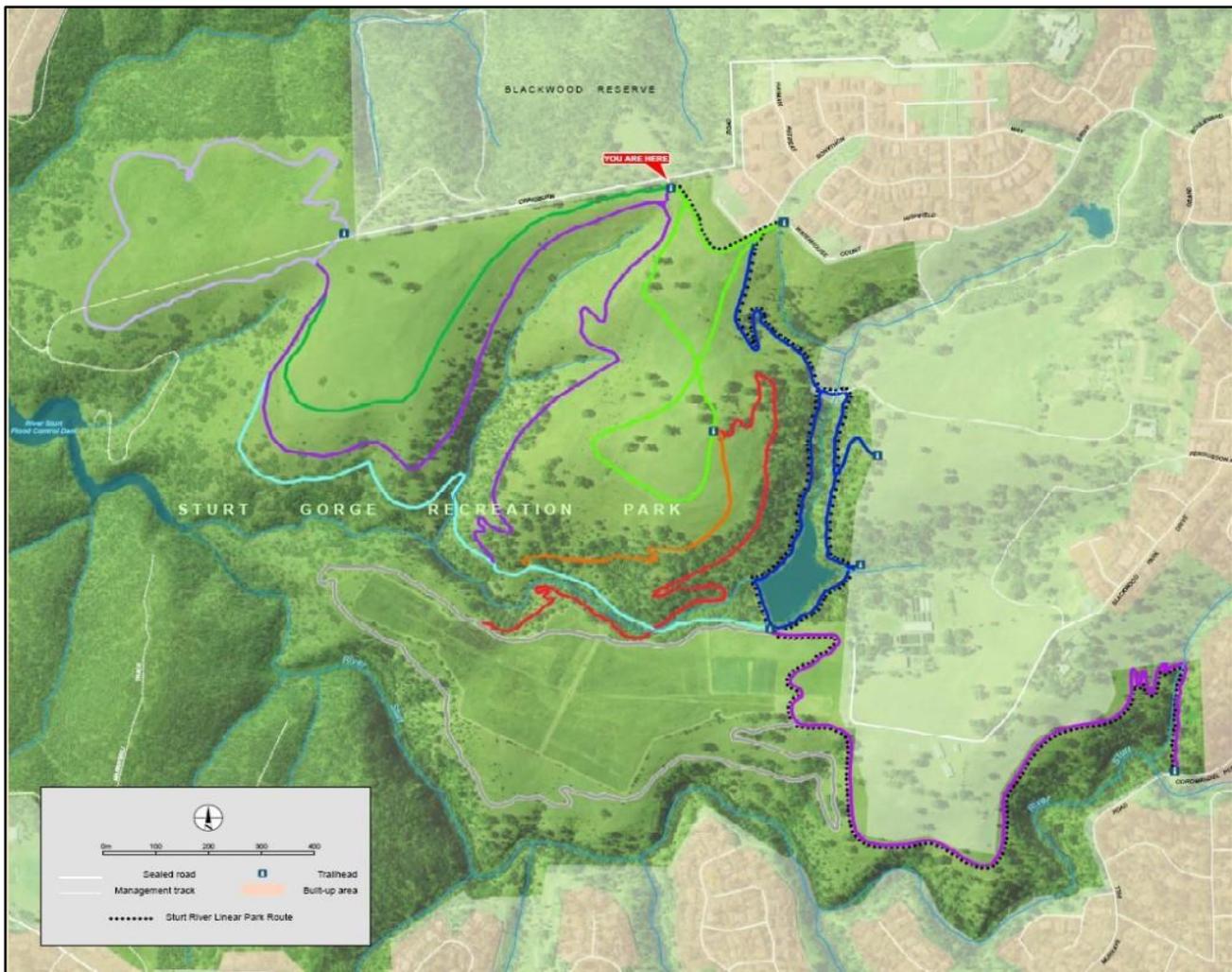
Craigburn is an easy 15mins ride from our base (3km), and just 1km until you hit the Blackwood hill singletrack- go up the road to Shepherds Hill road, and cross over to go down Northcote Road, behind the Caltex Petrol Station. Turn left onto Beaconsfield road, and go to the end, crossing over the railway on a footbridge. Once you are here you will see the Mitcham trail maps and signs, although these don't directly show where Craighburn farm is, as that is National Parks land! The blue trail from the footbridge is best, head down along the train line, then take a left onto Magpie Creek East to head towards Craighburn.



However it is probably the new additional trails in Sturt Gorge itself that are the most fun for a 'epic ride', and the circumnavigation of the Gorge is set to become a classic. The total ride is about 23km in length, almost entirely off-road, mostly on singletrack, and with about 10km of brand-new bench cut trails offering stunning views. The De Rose decent in particular is guaranteed to put a smile on your dial!

The Sturt Gorge loop is easiest to follow starting from Craighburn Farm, so follow previous directions to the Trailhead. Head off past the lake and down to Horner's Corner bridge. Turn left across the bridge and immediately you will pick up the Wattle Trail, which follows

the Surt River for a few kms along beautiful single-track with the occasional rocky techy section, some which may require a little bike carrying!

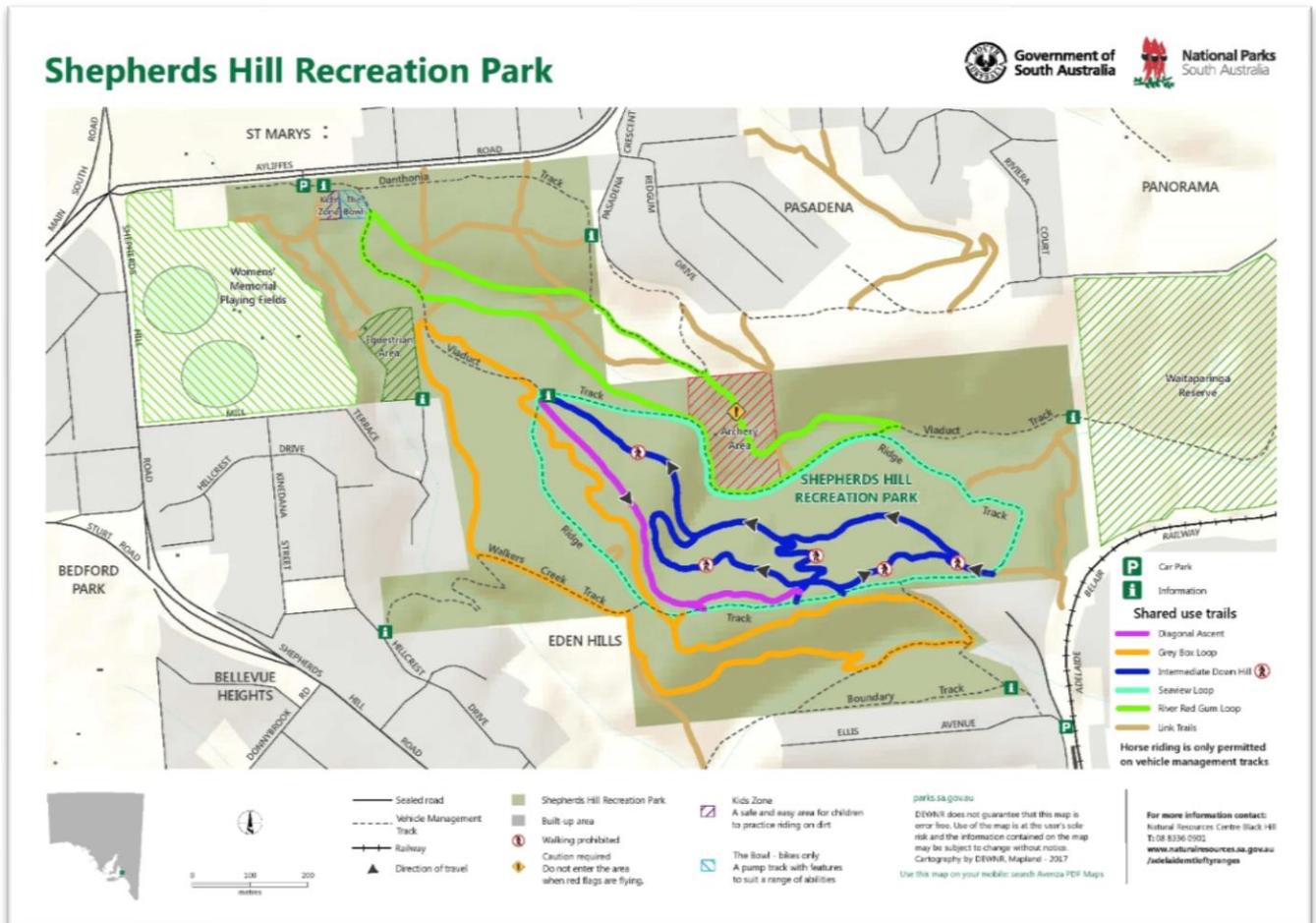


The Wattle Trail leaves the river and climbs steeply to then skirt through native bush for a few kms, before you get onto the newer purpose-built sections of the Lomandra and De Rose trails. Once you hit the bottom of the gorge, cross the river and head up the second half of the De Rose trail up more beautiful bench-cut trails with the odd rocky section thrown in, and a few tight switchbacks. At the top, after taking in more views of the gorge and the ocean, turn left and follow the Tapa Turrungka trail ('The path on the ridge' in the local Kaurna language). This trail skirts the top of the northern side of the park, and has been a popular trail with riders for years, and has a natural feel. At the end of this trail, drop a few hundred meters down along Mountbatten Road, which drops you into a short section of Mitcham Council land. There are a few ways to navigate the short climb back up to the Craighburn Farm trails, with all trails recently mapped and sign-posted. Or you can head up Ashmore Road out onto Shepherds Hill road- turn right and ride up the road about 800m and you will see Willunga St on your left, roll down this back to our house.

See map below for more details.

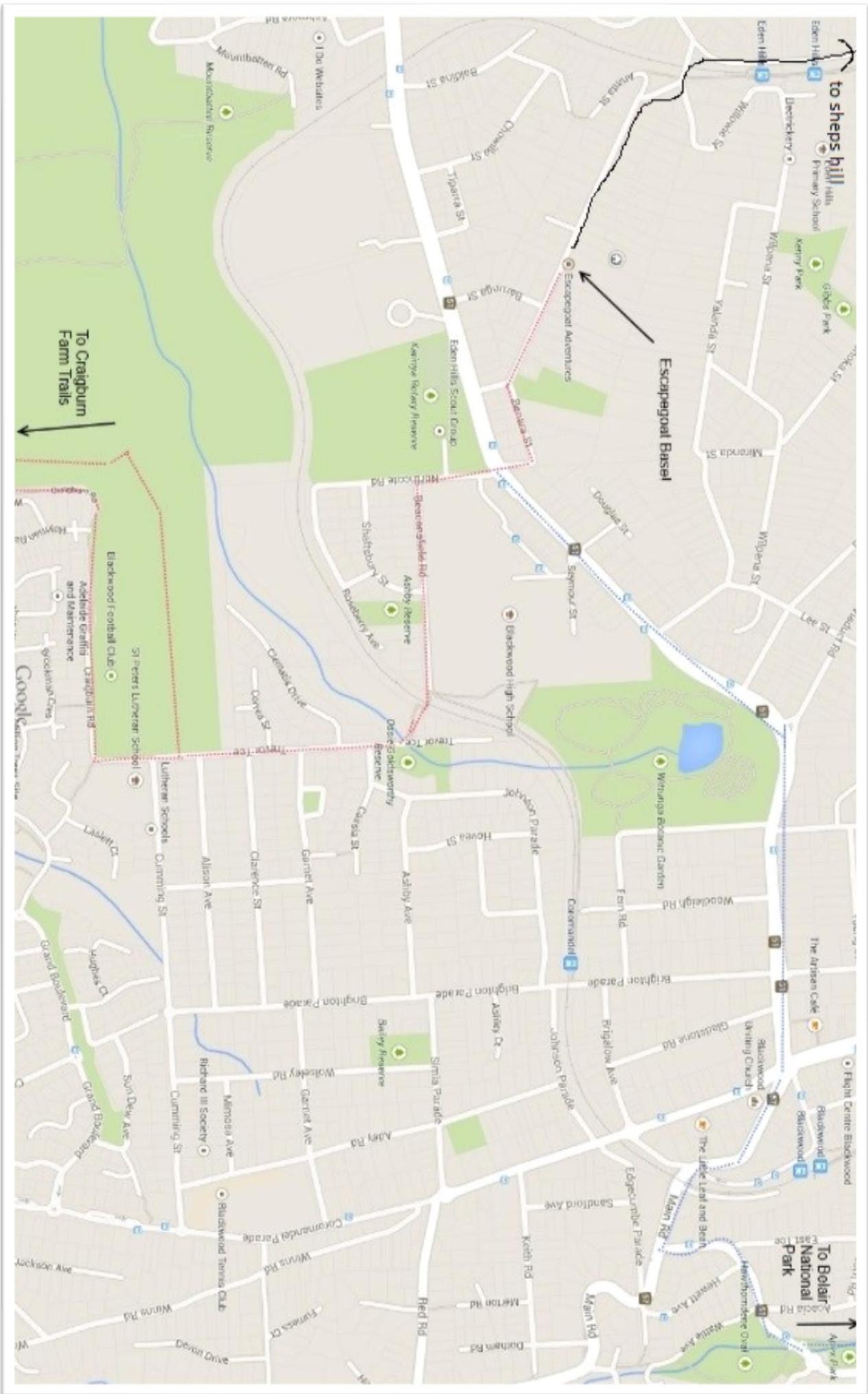
Shepherds Hill Rec Park:- This park is down the hill from us, just below the Eden Hills train station. The park has a new pump and jump 'bowl' and a kids' zone near the main car park at the bottom, and all trails are now signposted. It is a hilly and compact area, nice for a few hours if you fancy more riding. There is some nice easy beginner trails, and 3 really fun interweaving intermediate Downhill trails- they are short, but very easy to ride back up to the top. The use of natural rock features through the olive grove encourages rider progression too, and the views over the Adelaide plains to the ocean is stunning.

To get to Shepherd Hill, ride down Willunga St, across the railway bridge, and turn right along Willora road, past the station on your right. As the road turns to the left there is a small gravel track between a few houses which is gated (NOT the driveway on the corner) and sign-posted "Shepherds Hill Rec Park"- there is a full map board just past the gate.



Belair National Park:- Belair has some great riding for all levels and is about 20mins ride (4.5km). Most of the firetracks are now accessible for mountain bikes, plus there are some more tricky trails for the more experienced rider. A great place to spot a koala too! The fully sign-posted 'Adventure Loop' is a 13km loop that involves a long firetrack climb to the top of the park, followed by some challenging single-track.

To get to Belair from our place on bike first head up the road to Shepherds Hill Road. Turn left and ride the 2km to Blackwood. At the roundabout take the 3rd turning down main road, cross the railway line, then turn left onto East Terrace. Ride down the road until you come to the creek and Joan's Pantry cafe. Here you can follow the bike path along the creek, signposted towards Belair National park. This track switches between bike path and quiet residential roads- just keep following the signs and the creek for another 2km. You will come out opposite the main gates to Belair. Just inside you will find full maps of the park.



Escapegoat Adventures, 22 Willunga St, Eden Hills, SA 5050

www.escapegoat.com.au email: info@escapegoat.com.au

Mobile: 0422 916289

Sturt Gorge trails

